

So before adjusting the G Gain Control screw, first turn the hearing aid off by rotating its battery fully out, count to 10, then turn the hearing aid back on by pushing the battery in, so its rocker loudness switch is at its automatic middle position.

Now by trial and error, adjust the left-side (middle-up-and-down) G Gain screw until loudness is what you want for normal use. Try it under different listening sound conditions, listening to different sounds. For testing I used the TV or the car radio. (We really need professional audiologist instructions for this.) I try it at different television volume settings. It's very important to try it also with different added background noises, like strong wind or a fan or road noise in a car at highway speeds, because such background noise reduces our ability to hear far more than most people realize.

For me, I adjusted the G Gain screw so that I could just almost tell that it was on, sort of just below where I could barely tell it was on, but high enough that I could hear a difference when I put it on. I can clearly tell it is on if I talk into my hand with my hand cupped toward that side. This initial attempt to adjust the G Gain screw put it at about 12 o'clock for me.

Readjust No. 1: After using it a bit, I found the high frequencies in my left ear, like "tinny" noises, were too loud. So I adjusted the left ear NH Low Frequency screw (at the top, next to the telephone button) a bit higher, to about the 12 o'clock position, thereby moving the total or center of the amplified sounds toward the low frequencies and away from the high frequencies, and readjusted the G Gain screw down from about 12 o'clock to 11 o'clock. And so far this seems about right.

4/9/09 Readjust No. 2: High frequencies in left ear (rattling newspaper pages) are still too loud, so I adjusted the left ear NH Low Frequency (top) screw higher to 2 o'clock, and the G Gain (left side) screw lower to 10 o'clock. This seems about right.